

CURRICULUM PATHWAY
SESSION 2025-2026



CLASS-VII
BHARTIYA VIDYA MANDIR
SENIOR SECONDARY SCHOOL

Udham Singh Nagar, Ludhiana
Phone:0161-2302660

Remodelled Assessment Structure Effective for Classes III to VIII Examination 2025-2026

1. Scholastic Areas :

Students will be assessed on 8 point grading scale.

Final result will comprise the marks of 2 Periodic Assessments and 2 Written Tests (Terms).

Periodic Assessment 20 marks + Written Test 80 Marks = 100 Marks in aggregate for each term.

Written Test will be conducted in each term for 80 marks in which students need to secure 33% marks (27 marks out of 80 marks).

Periodic Assessment will comprise 1 Periodic Test (10 marks) in each Term, Notebook Maintenance (5 marks) and subject Enrichment Activities (5 marks) out of which students need to secure 33% (7 marks out of 20).

Remodelled Assessment Structure for Classes III to VIII

Scholastic Area : The assessment structure and examination for classes III to VIII have been prepared in view of the provisions of RTE-Act 2009 and comprise of two terms i.e. Term-1 and 2 as explained below :

Subject	TERM-1 (100 marks) (1st half of the session) 20 marks Periodic Assessment (PA) + 80 marks for Half Yearly Exam		TERM-2 (100 marks) (2nd half of the session) 20 marks Periodic Assessment (PA) + 80 marks for Yearly Exam	
	PA 20 marks	Half Yearly Exam	PA 20 marks	Yearly Exam
Language-1				
Language-2	* Periodic Test 10 marks with syllabus covered till announcement of test dates by school.	*Written exam for 80 marks with syllabus covered till announcement of Half Yearly exam dates by school	* Periodic Test 10 marks with syllabus covered till announcement of test dates by school	* Written exam for 80 marks with syllabus coverage as below :
Language-3				
Mathematics				
Science	* Note Book Submission 5 marks at term-end		* Note Book Submission 5 marks at term-end	Classes III to VI : 10% of 1st term covering significant topics
Social Science				* entire syllabus of 2nd term
Any other	* Subject Enrichment 5 marks at term-end		* Subject Enrichment 5 marks at term-end	Class VII : 20% of 1st term covering significant topics
				* entire syllabus of 2nd term
				Class VIII : 30% of 1st term covering significant topics
				* entire syllabus of 2nd term

2. Co-Scholastic Areas :-

- * Co-Scholastic Activities will be assessed on a 3 point grading scale.
- *Co-Scholastic area will cover Work Education/Art Education/Health and Physical Education.
- * Students will be graded by the class teachers for discipline on a 3 point grading scale considering the attendance, sincerity, behaviour and values.

**BHARTIYA VIDYA MANDIR SENIOR SECONDARY SCHOOL
LUDHIANA**

EXAMINATION SCHEDULE (TENTATIVE DATES) (2025-26)

Exams	III-VIII
PT1	12th May, 2025 to 19th May, 2025
TERM 1	8th Sept. 2025 to 23rd Sept. 2025
PT 2	25th Nov. 2025 to 9th Dec. 2025
FINAL TERM	20th Feb. 2026 to 12th March 2026

SYLLABUS FOR SESSION 2025-26

CLASS-VII

SUBJECT : ENGLISH

BOOKS :

1. Literature Book : Poorvi (for grade 7) NCERT
2. Grammar Book : BBC Compacta (Brajindra Publishers)

APRIL - JUNE			
Topics	Learning Objectives	Art Integrated Activities	Life Skills generated
Notice Writing (Event, Competition)	To put information for practical use.	Putting notice to circulate information	Functional Skills
Factual Description (Place, Person)	To understand to describe person/place.	Describing games	Communication Skills
Informal Letter to Friend and Relative (Invitation accepting or denying)	To understand letters used for communication	To practice letter writing on their own	Writing Skills
Determiners	To strengthen grammar	Make a Determiners and Adjective chart	Critical Thinking
Adjectives, Tenses	To strengthen grammar	Answer questions using present, past, and future verb	Functional Skills
Verbs (Subject-Verb Agreement)	To identify the uses of auxiliary verbs	Classroom activity on forms of verb	Critical Thinking
Ch 1: The Day the Rivers Spoke	To enhance the importance of respecting and listening to nature	Explore rivers of India	Communication and Functional Skills
Ch 2: Try Again (Poem)	To motivate students to achieve their goals in life	Observe a spider and an ant and write the difference between them	Descriptive Skills
Ch 3: Three Days to See	To value the beauty of the world around them	Bio sketch of Louis Braille	Observation Skills
Ch 4: Animals, Birds and Dr. Dolittle	To enhance curiosity about animals and birds	Find out names of different organizations who work for the welfare of animals	Observation Skills
Ch 5: A Funny Man (Poem)	To enhance poem recitation skills	Paste pictures of some funny characters of ancient times and write about them	Creativity
Unseen Comprehension	To learn to comprehend	Map making	Reading Skills

JULY - SEPTEMBER			
Topics	Learning Objectives	Art Integrated Activities	Life Skills generated
Story Development	To define short stories and narratives	Give situations to present short stories	Critical Thinking Skills
Article Writing (Environment Topics)	To enrich vocabulary by comprehending the topic	Writing on any topic by using creativity	Creativity
Adverbs, Voice (Procedure Form)	To enhance the skill of grammar	Playing Adverb Charades	Communication Skills
Editing/Omission	To understand accuracy	Dictating paragraphs for editing	Promoting Reflection
Rearrangement	Revision skills and writing skills	Rearranging words to make sentences (by picking slips)	Creativity
Ch 6: Say the Right Thing	To focus on the importance of saying the right thing at the right time	Find out how people greet guests who visit their homes in different languages	Communication Skills
Ch 7: My Brother's Great Invention	To develop determination and creativity	Paste pictures of some inventors and write about their work	Critical Thinking
Ch 8: Paper Boats (Poem)	To develop interest in poem recitation	Find out names of trees and plants which have fragrance and paste pictures of them	Observation Skills
OCTOBER - DECEMBER			
Notice Writing (Trips, Appeal, Meeting)	To put information for practical use	Putting notice to circulate information	Ability to read with clarity
Factual Description (Things)	To understand how to describe a thing	Describing things	Communication skills
Informal Letter (Sharing Experience, Advisory)	To understand the use of letters for communication	To practice writing letters on their own	Writing skills
Email Writing (Advisory)	To communicate professionally	Rewrite sentences using formal email phrases	Writing skills
Prepositions	To form complete sentences	By making the chart	Communication skills
Conjunctions	To understand sentence formation of sentence	By giving project or conjunction	Communication skills
Narration (Dialogue Form)	To identify the features of dialogue writing	Taking up short stories for narration	Communication skills
Modals	To use accurately to convey message	Making a tree for Modals	Accuracy

Topics	Learning Objectives	Art Integrated Activities	Life Skills generated
Ch 9: North South East West	To learn about new places	Find out unique places in your city and write about it	Observation skills
Ch 10: The Tunnel	To ignite the spirit of exploration	Write about the nation's pride – Atal Tunnel	Observation skills
Ch 11: Travel (Poem)	To cultivate curiosity	Write about some heritage trains	Observation skills
Ch 12: Conquering the Summit	To instils a sense of patriotism and gratitude	Write a gratitude letter to our soldiers	Observation skills
Ch 13: My Homage to Our Brave Soldier	Acknowledgement of the courage, dedication and sacrifice of soldiers	Make a thanksgiving card for soldiers	Creative skills
Ch 14: My Dear Soldiers (Poem)	To develop the interest for poem recitation	Write a bio-sketch of any brave soldier	Learning the value of sacrifice towards the country

JANUARY - MARCH

Speech Writing (Education)	To determine the best speaking style	Speak or write about the picture shown	Communication skills
Story Development	To present short stories	Giving situations to present a story	Critical thinking
Dialogue Completion	To develop conversation skills	Write dialogues between father and son	Communication skills
Rearrangement	To improve writing skills	By giving sentence construction sheets	Problem-solving
Ch 15: Rani Abakka	To develop the capacity for effective communication skills	Find facts about any brave woman we remember because of her achievements	Learning the value of sacrifice towards the country

SUBJECT : HINDI

निर्धारित पुस्तकें :

1. मल्हार (एनसीआरटी)
2. मधुर हिन्दी व्याकरण तथा रचना भाग-2

नोट— (1) संपूर्ण पाठ्यक्रम दो भागों में विभाजित है।
 (2) परीक्षा में पठित गद्यांश एवं केस स्टडी आधारित अपठित गद्यांश पूछे जाएँगे।

प्रथम सत्र (अप्रैल से सितंबर)		APRIL	
प्रकरण	कला एकीकृत गतिविधियाँ	जीवन कौशल मूल्य	अधिगम उद्देश्य
व्याकरण संधि करें (दीर्घ संधि कहीं से भी), समास विग्रह (द्वंद्व एवं कर्मधारय), विपरीत शब्द 41 से 70, पर्यायवाची शब्द 1 से 30, अपठित गद्यांश, पत्र: निजी (बधाई) अनुच्छेद लेखन: पर्यावरण संबंधी पाठ1: माँ कह एक कहानी (कविता)	अभ्यास पत्रिका पत्र का पारूप व लिखित अभ्यास लिखित अभ्यास	विचारों व भावनाओं की अभिव्यक्ति शब्दकोश में वृद्धि	उच्चारण एवं वर्तनी में शुद्धता परीचित जनों से पत्राचार लेखन में कुशलता प्राप्त करने में सक्षम भाषा विस्तार
MAY			
पाठ2: तीन बुद्धिमान (लोक कथा)	दादी नानी व मां से सुनी कहानियों पर चर्चा करके कहानी वाचन करना	कहानियां व कल्पना शक्ति का जीवन में सामंजस्य सृजनात्मक का विकास	श्रव्य व वक्तव्य कौशल का विकास
JULY			
पाठ3: फूल और कांटा कविता व्याकरण: उपसर्ग (हिंदी और संस्कृत के), विशेषण भेद सहित, मुहावरें 26 से 40, अनेक शब्दों के लिए एक शब्द 41 से 65, ईमेल लेखन: निजी (बधाई)	बुद्धिमता पर आधारित कोई एक लोक कथा सुनाना प्रकृति से संबंधित चित्र चित्रण	जीवन में आने वाली विषमताओं को फूलों व कांटों से प्रतिपादित करना मुहावरों में छिपे नैतिक मूल्यों का विकास	उच्चारण संबंधित त्रुटियों का निवारण साहस का विकास शब्दकोश में वृद्धि और वर्तनी का विकास

AUGUST			
प्रकरण	कला एकीकृत गतिविधियाँ	जीवन कौशल मूल्य	अधिगम उद्देश्य
पाठ4: पानी रे कविता	जल संरक्षण पर नारा लेखन	जल के महत्व से परिचित	पानी का सदुपयोग करने की सीख एवं नारा लेखन कौशल का विकास
पाठ5: नहीं होना बीमार व्याकरण संधि करें (स्वर संधि में गुण संधि का केवल ए मात्रा का नियम), सूचना लेखन (खोया पाया), अनुच्छेद लेखन: मीडिया से संबंधित और मेरा प्रिय दोहराई	संतुलित भोजन के लाभो पर कक्षा में परिचर्चा	स्वस्थ जीवन शैली अपनाना उच्चारण व वर्तनी में शुद्धता	भोजन के पोषक तत्वों से परिचय गुण संधि के ए मात्रा के नियम से परिचित सूचना लेखन कौशल विद्या से परिचय
SEPTEMBER			
प्रथम आवधिक परीक्षा			
द्वितीय अवधि (अक्तूबर से मार्च)			
OCTOBER			
पाठ6: गिरिधर कविराय की कुंडलिया	कोई एक कुंडली सुलेख रूप में लिखने को देना	लोक नीति एवं घर गृहस्थी के साधारण लोक व्यवहार की बातें सहजता व सरल ढंग सं छात्रों को समझाना	नैतिक मूल्यों का विकास
पाठ7: वर्षा बहार कविता व्याकरण पर्यायवाची 31 से 45, अनेक शब्दों के लिए एक शब्द 41 से 81 तक, समास विग्रह (द्विगु समास), अनुच्छेद लेखन: यदि मैं	वर्षा ऋतु पर आधारित एक कविता की रचना	वर्षा ऋतु में प्रकृति के बदलते सौंदर्य से परिचय	सृजनात्मक व सौंदर्यशीलता का विकास
NOVEMBER			
पाठ8: बिरजू महाराज से साक्षात्कार	विभिन्न भारतीय शास्त्रीय नृत्यों के चित्र चिपकाते हुए उनके हिंदी में नाम लिखना	भारतीय सभ्यता व संस्कृति के दर्शन	शास्त्रीय संगीत व नृत्य से परिचित करते हुए साक्षात्कार विद्या से अवगत करवाना
पाठ9: चिड़िया (कविता) व्याकरण विपरीत शब्द 61 से 86, संधि करें (गुण संधि पूरी) मुहावरे 41 से 50 अनुच्छेद: मेरा मनपसंद.....	पक्षी संरक्षण के उपायों पर परिचर्चा	प्रेम, करुणा, त्याग, बलिदान, मुक्ति, सद्भाव एवं एकजुट व संगठन के भाव को मुखरित करना शब्दकोश में वृद्धि	परस्पर प्रेम प्रीति की रीति रखना वाक्य के रूप में विपरीत शब्दों की दोहराई प्रत्यय व मूल शब्द की पहचान

सूचना लेखन (प्रतियोगिता व आयोजन संबंधी)			
DECEMBER			
प्रकरण	कला एकीकृत गतिविधियाँ	जीवन कौशल मूल्य	अधिगम उद्देश्य
पाठ10: मीरा के पद	श्री कृष्ण के किसी अन्य भक्त कर कविता वाचन करवाना	श्रद्धा भाव से परिचय	भक्ति वात्सल्य से अवगत
JANUARY			
व्याकरण प्रत्यय (कृत) क्रिया विशेषण भेद सहित, पत्र: निजी (निमंत्रण), ईमेल: निजी (निमंत्रण)	अभ्यास पत्रिका		
FEBRUARY - MARCH			
सभी विषयों की दोहराई वार्षिक परीक्षा			
नोट: वार्षिक परीक्षा में प्रथम आवधिक व द्वितीय आवधिक का संपूर्ण पाठ्यक्रम पूछा जाएगा।			

SUBJECT : PUNJABI

ਪਾਠ-ਪੁਸਤਕ : ਨਿੱਕੀਆਂ ਕਣੀਆਂ ਪੰਜਾਬੀ ਪਾਠ-ਪੁਸਤਕ ਭਾਗ-7 (ਕੈਡਿਡ) ਐਵਰਗਰੀਨ ਪਬਲੀਕੇਸ਼ਨਜ਼

ਵਿਆਕਰਨ : ਕੈਡਿਡ ਐਵਰਗਰੀਨ ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਅਤੇ ਲੇਖ ਰਚਨਾ ਭਾਗ-7

ਨੋਟ : 1. ਪਾਠ-ਪੁਸਤਕ ਵਿੱਚ ਸ਼ਬਦ-ਅਰਥ, ਖ਼ਾਲੀ ਥਾਂਵਾਂ, ਵਾਕ ਬਣਾਉ, ਪ੍ਰਸ਼ਨ-ਉੱਤਰ (ਵਿਸਥਾਰ ਅਤੇ ਸੰਖੇਪ ਸਹਿਤ) ਪੁੱਛੇ ਜਾਣਗੇ।

2. ਹਰ ਅਵਧੀ ਵਿੱਚ ਚਿੱਤਰ ਵਰਨਣ ਪੁੱਛਿਆ ਜਾਵੇਗਾ।

3. ਹਰ ਅਵਧੀ ਵਿੱਚ ਅਣਡਿੱਠਾ ਪੈਰਾ ਅਤੇ ਕਾਵਿ-ਟੁਕੜੀ ਦੇ ਕੇ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।

4. ਪਹਿਲੀ ਅਵਧੀ ਦਾ ਸਾਰਾ ਸਿਲੇਬਸ ਦੂਜੀ ਅਵਧੀ ਵਿੱਚ ਵੀ ਪੁੱਛਿਆ ਜਾਵੇਗਾ।

ਪਹਿਲੀ ਅਵਧੀ APRIL			
ਵਿਸ਼ਾ	ਪਾਠ ਸੂਚ	ਕਿਰਿਆਤਮਕ ਕਾਰਜ	ਕੌਸ਼ਲਤਾ
ਪਾਠ-1 ਪਿਆਰਾ ਪੰਜਾਬ (ਕਵਿਤਾ)	ਪੰਜਾਬ ਬਾਰੇ ਜਾਣਕਾਰੀ	ਸੁਣਨ ਕੌਸ਼ਲਤਾ	ਦੇਸ਼ ਭਗਤੀ
ਪਾਠ-2 ਘੋਟਣਾ (ਕਹਾਣੀ)	ਹੱਥੀਂ ਕੰਮ ਕਰਨ ਦੇ ਮਹੱਤਵ ਬਾਰੇ ਜਾਣੂ ਹੋਣਾ		ਸੰਤੁਸ਼ਟੀ
ਪਾਠ-3 ਸ਼ੇਖ਼ ਫ਼ਰੀਦ (ਜੀਵਨੀ)	ਫ਼ਰੀਦ ਜੀ ਦੇ ਜੀਵਨ ਬਾਰੇ		ਨਿਮਰਤਾ
ਵਿਆਕਰਨ ਵਿਸ਼ੇਸ਼ਣ ਦੀ ਪਰਿਭਾਸ਼ਾ ਤੇ ਕਿਸਮਾਂ, ਮੁਹਾਵਰੇ (51-65), ਵਿਰੋਧੀ ਸ਼ਬਦ (ਖੁੱਲ੍ਹਾ ਤੋਂ ਵਿਛੋੜਾ), ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਆਦਰ ਤੋਂ ਵੈਰੀ)			
MAY			
ਪਾਠ-4 ਵੈਸ਼ਨੋ ਦੇਵੀ ਦੀ ਯਾਤਰਾ (ਲੇਖ)			
ਪਾਠ-5 ਭਾਰਤ ਮਾਤਾ (ਕਵਿਤਾ)	ਭਾਰਤ ਦੇਸ਼ ਬਾਰੇ ਜਾਣਕਾਰੀ	ਪੰਜ ਦੇਸ਼ ਭਗਤਾਂ ਦੇ ਨਾਮ ਲਿਖ ਕੇ ਚਿੱਤਰ ਚਿਪਕਾਉ।	ਦੇਸ਼ ਪਿਆਰ
ਪਾਠ-6 ਬਾਬੇ ਦਾ ਪੁੱਤਰ (ਕਹਾਣੀ)	ਆਤਮ ਨਿਰਭਰ ਹੋਣ ਬਾਰੇ		ਇਮਾਨਦਾਰੀ
ਵਿਆਕਰਨ ਲੇਖ- 1. ਸ੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ, 2. ਕਿਸੇ ਧਾਰਮਿਕ ਸਥਾਨ ਦੀ ਯਾਤਰਾ ਪੱਤਰ - 1. ਮਿੱਤਰ ਨੂੰ ਪਾਸ ਹੋਣ ਤੇ ਵਧਾਈ ਪੱਤਰ। 2. ਆਪਣੇ ਭਰਾ ਨੂੰ ਚਾਚੇ ਦੇ ਮੁੰਡੇ ਦੇ ਵਿਆਹ 'ਤੇ ਆਉਣ ਲਈ ਪੱਤਰ ਪੱਤਰ।			

JULY

ਪਾਠ-7 ਪੰਜਾਬ ਦੀਆਂ ਲੋਕ ਖੇਡਾਂ (ਲੇਖ) ਪਠਨ ਇਸ ਪਾਠ ਦੇ ਨਾਲ ਸਬੰਧਤ ਕਿਰਿਆਤਮਕ ਕਾਰਜ ਕਰਵਾਇਆ ਜਾਵੇਗਾ। ਪਾਠ-8 ਨਵੀਂ ਸਵੇਰ (ਕਵਿਤਾ) ਪਾਠ-9 ਪੁਲਾੜ ਯਾਤਰਾ (ਲੇਖ) ਪਾਠ-10 ਮਿੱਟੀ ਦਾ ਰਿਸ਼ਤਾ (ਕਹਾਣੀ) ਵਿਆਕਰਨ ਕਿਰਿਆ ਦੀ ਪਰਿਭਾਸ਼ਾ ਤੇ ਉਸ ਦੀਆਂ ਕਿਸਮਾਂ, ਸ਼ੁੱਧ ਕਰੋ (ਚਾਰਟ 11 ਤੋਂ 17) ਲੇਖ - ਚੰਡੀਗੜ੍ਹ, 15 ਅਗਸਤ, ਪੱਤਰ- ਸਾਈਕਲ ਚੋਰੀ ਹੋਣ ਦੀ ਰਿਪੋਰਟ ਦਰਜ ਕਰਵਾਉਣ ਲਈ ਪੱਤਰ।	ਦੇਸ਼ ਭਗਤਾਂ ਦੀਆਂ ਕੁਰਬਾਨੀਆਂ ਬਾਰੇ	ਪੰਜ ਲੋਕ ਖੇਡਾਂ ਦੇ ਨਾਮ ਲਿਖੋ।	ਬਲੀਦਾਨ
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AUGUST

ਪਾਠ-11 ਮਦਰ ਟੈਰੇਸਾ (ਜੀਵਨੀ) ਪਠਨ ਇਸ ਪਾਠ ਦੇ ਨਾਲ ਸਬੰਧਤ ਕਿਰਿਆਤਮਕ ਕਾਰਜ ਕਰਵਾਇਆ ਜਾਵੇਗਾ। ਪਾਠ-12 ਪ੍ਰਣਾਮ ਸ਼ਹੀਦਾਂ ਨੂੰ (ਕਵਿਤਾ) ਪਾਠ-13 ਵਿਤਕਰਾ (ਨਾਟਕ) ਵਿਆਕਰਨ ਪੱਤਰ- ਪੋਸਟ ਮਾਸਟਰ ਨੂੰ ਡਾਕੀਏ ਦੀ ਸ਼ਿਕਾਇਤ ਸੰਬੰਧੀ। ਅਗੇਤਰ (ਗੈਰ ਤੋਂ ਮਹਾਂ ਤੱਕ), ਪਿਛੇਤਰ (ਮੰਦਾ ਤੋਂ ਭਾ ਤੱਕ), ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ (ਡੰਡੀ, ਕਾਮਾ, ਪ੍ਰਸ਼ਨ ਚਿੰਨ੍ਹ, ਵਿਸਮਿਕ)	ਦੇਸ਼ ਲਈ ਸਰਬੰਸ ਕੁਰਬਾਨ ਕਰਨ ਵਾਲੇ ਗੁਰੂਆਂ ਬਾਰੇ ਜਾਤ-ਪਾਤ ਦਾ ਵਿਤਕਰਾ ਨਾ ਕਰਨ ਬਾਰੇ	ਸ੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਜਾਂ ਸ੍ਰੀ ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਦਾ ਚਿੱਤਰ ਚਿਪਕਾ ਕੇ ਪੰਜ ਵਾਕ ਲਿਖੋ।	ਸਿਦਕ ਸਮਾਨਤਾ
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ਦੂਜੀ ਅਵਧੀ

OCTOBER

ਪਾਠ-14 ਪੰਜਾਬੀ ਲੋਕ ਗੀਤਾਂ ਦੀ ਮਲਕਾ-ਨਰਿੰਦਰ ਬੀਬਾ ਪਾਠ-15 ਕਿੱਧਰ ਗਏ ਜ਼ਮਾਨੇ (ਕਵਿਤਾ) ਪਾਠ-16 ਆਪਣਾ-ਆਪਣਾ ਹਿੱਸਾ (ਕਹਾਣੀ)	ਪੁਰਾਣੇ ਜ਼ਮਾਨੇ ਬਾਰੇ ਜਾਣਕਾਰੀ ਪਰਿਵਾਰਕ ਰਿਸ਼ਤਿਆਂ ਵਿਚਲੀ ਤਰੇੜ ਬਾਰੇ	ਕਵਿਤਾ ਗਾਇਨ	ਸਤਿਕਾਰ ਭਾਈਚਾਰਾ
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ਵਿਆਕਰਨ

ਯੋਜਕ ਦੀ ਪਰਿਭਾਸ਼ਾ ਤੇ ਕਿਸਮਾਂ,
ਵਚਨ ਬਦਲੋ (ਚਾਰਟ 4 ਤੋਂ 6),
ਮੁਹਾਵਰੇ (81-95)

NOVEMBER

ਪਾਠ-17 ਸ਼ਹੀਦ ਕਰਤਾਰ
ਸਿੰਘ ਸਰਾਭਾ
(ਜੀਵਨੀ)

ਪਾਠ-18 ਬਦਲਾ (ਕਹਾਣੀ)
ਪਠਨ
ਇਸ ਪਾਠ ਦੇ ਨਾਲ ਸਬੰਧਤ
ਕਿਰਿਆਤਮਕ ਕਾਰਜ
ਕਰਵਾਇਆ ਜਾਵੇਗਾ।

ਪਾਠ-19 ਅਨਪੜ੍ਹਤਾ ਨੂੰ
ਦੂਰ ਭਜਾਓ
(ਕਵਿਤਾ)

ਵਿਆਕਰਨ

ਲੇਖ- ਪ੍ਰਦੂਸ਼ਣ, ਟੈਲੀਵਿਜ਼ਨ ਦੇ
ਲਾਭ-ਹਾਨੀਆਂ

ਪੱਤਰ- 1. ਆਪਣੇ ਮਿੱਤਰ/
ਸਹੇਲੀ ਨੂੰ ਗਰਮੀਆਂ ਦੀਆਂ
ਛੁੱਟੀਆਂ ਕਿਸੇ ਪਹਾੜੀ ਸਥਾਨ
'ਤੇ ਬਿਤਾਉਣ ਲਈ ਪੱਤਰ
ਲਿਖੋ।

2. ਤੁਹਾਡਾ ਛੋਟਾ ਭਰਾ
ਕਿਤਾਬੀ ਕੀੜਾ ਹੈ। ਉਸ ਨੂੰ
ਪੜ੍ਹਾਈ ਦੇ ਨਾਲ-ਨਾਲ ਖੇਡਾਂ
ਵਿੱਚ ਭਾਗ ਲੈਣ ਲਈ ਪ੍ਰੇਰਨਾ
ਭਰਿਆ ਪੱਤਰ ਲਿਖੋ।

ਲਿੰਗ ਬਦਲੋ-ਚਾਰਟ (6 ਤੋਂ
10), ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ
ਇੱਕ ਸ਼ਬਦ (ਪੰਜਾਬੀ ਤੋਂ ਸਤੀ
ਤੱਕ)

ਕਰਤਾਰ ਸਿੰਘ ਸਰਾਭਾ ਦੇ
ਜੀਵਨ ਬਾਰੇ

ਅਨਪੜ੍ਹ ਬੰਦੇ ਨੂੰ ਆਉਣ
ਵਾਲੀਆਂ ਕਠਿਨਾਈਆਂ ਬਾਰੇ

ਪੰਜਾਬ ਦੇ ਪੰਜ ਮਸ਼ਹੂਰ ਗਾਇਕਾਂ
ਦੇ ਚਿੱਤਰ ਚਿਪਕਾਉ।

ਬਲੀਦਾਨ

ਸਾਖਰਤਾ

DECEMBER

ਪਾਠ-20 ਪੈਂਦੇ ਵੀ ਸਾਹ ਲੈਂਦੇ
ਹਨ (ਲੇਖ)

ਪਾਠ-21 ਸਾਡਾ ਵਾਤਾਵਰਨ
ਅਤੇ ਪ੍ਰਦੂਸ਼ਣ
(ਲੇਖ)

ਡਾ. ਬੋਸ ਦੀਆਂ ਕਾਢਾਂ ਬਾਰੇ

ਪ੍ਰਦੂਸ਼ਣ ਦੇ ਕੁਪ੍ਰਭਾਵ

ਸੰਵੇਦਨਸ਼ੀਲਤਾ

ਸਵੱਛਤਾ

ਪਾਠ-22 ਫੁੱਲਾਂ ਦਾ ਸੁਨੇਹਾ (ਕਵਿਤਾ) ਪਠਨ ਇਸ ਪਾਠ ਦੇ ਨਾਲ ਸਬੰਧਤ ਕਿਰਿਆਤਮਕ ਕਾਰਜ ਕਰਵਾਇਆ ਜਾਵੇਗਾ।			
JANUARY			
ਪਾਠ-23 ਪੰਜਾਬੀ ਰੰਗਮੰਚ ਦਾ ਧੁਰਾ- ਗੁਰਸ਼ਰਨ ਸਿੰਘ (ਜੀਵਨੀ) ਪਾਠ-24 ਭ੍ਰਿਸ਼ਟਾਚਾਰ ਦਾ ਖ਼ਾਤਮਾ (ਇਕਾਂਗੀ) ਪਾਠ-25 ਸੂਰਜ ਨਮਸਕਾਰ ਇੱਕ ਦੈਵੀ ਤੋਹਫ਼ਾ (ਲੇਖ) ਵਿਆਕਰਨ ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ (ਡੰਡੀ, ਪ੍ਰਸ਼ਨ ਚਿੰਨ੍ਹ, ਕਾਮਾ, ਵਿਸਮਿਕ)	ਯੋਗ ਦੇ ਲਾਭਾਂ ਬਾਰੇ	ਯੋਗ ਦੇ ਪੰਜ ਲਾਭ ਲਿਖੋ।	
FEBRUARY			
ਅਕਤੂਬਰ ਤੋਂ ਜਨਵਰੀ ਤੱਕ ਕਰਵਾਏ ਗਏ ਸਿਲੇਬਸ ਦੀ ਦੁਹਰਾਈ ਅਤੇ ਸਲਾਨਾ ਪ੍ਰੀਖਿਆ ਪਹਿਲੀ ਅਵਧੀ ਦਾ ਸਾਰਾ ਸਿਲੇਬਸ ਦੂਜੀ ਅਵਧੀ ਵਿੱਚ ਵੀ ਪੁੱਛਿਆ ਜਾਵੇਗਾ।			

SUBJECT : SANSKRIT

निर्धारित पुस्तक : दीपकम् द्वितीयो भागः (NCERT)

नोट — पाठ्य-पुस्तक के अतिरिक्त भी कुछ श्लोक व मन्त्र कण्ठस्थ करवाए जाएँगे।

APRIL			
विषय	अधिगम-विषय	कौशल विकास	कार्यकलाप
पाठ1: वन्दे भारत मातरम्। व्याकरण- संख्यावाचक शब्द (61-70), संज्ञा शब्द-(सीता) सर्वनाम शब्द अस्मद् (1-4 विभक्ति), किम् (पुल्लिंग)।	भारत का सांस्कृतिक महत्व जानना। संज्ञा और सर्वनाम शब्दों का ज्ञान।	छात्र अपने देश का सांस्कृतिक महत्व जान पाएँगे।	भारत के प्राचीन भौगोलिक नगरों के नाम का चार्ट बनाना।
MAY			
व्याकरण- क्रिया शब्द- (भू, चर् धातु लङ् लकार), व्यावहारिक शब्द, अनाजों के नाम।	लङ् लकार (भूतकाल) का वाक्यों में प्रयोग सीखना।	छात्र लघु वाक्यों में लङ् लकार का प्रयोग करना सीखेंगे।	अनाजों से संबंधित चित्र बनाना।
JULY			
पाठ2: नित्यं पिबामः सुभाषित-रसम्। व्याकरण-संज्ञा शब्द (नर), सर्वनाम शब्द (किम् नपुं०)। क्रिया शब्द (नम् धातु लङ् लकार)।	संस्कृत के श्लोकों का पठन व लय पूर्वक गायन सीखना।	छात्र श्लोकों के लयपूर्वक गायन में पारंगत हो पाएँगे।	कक्षा में श्लोकों के सस्वर गायन का अभ्यास करना।
AUGUST			
पाठ5: सेवा हि परमो धर्मः। व्याकरण- धर्म के लक्षण, गीता से संबंधित प्रश्न।	महात्मा बुद्ध और नागार्जुन की सेवा भावना से अवगत होना।	छात्र महापुरुषों के करुणा- सेवाभाव के विषय में जानेंगे।	श्रीमद्भगवद्गीता से संबंधित प्रश्नोत्तरी।
SEPTEMBER			
दोहराई और प्रथम आवधिक परीक्षा।			

OCTOBER			
पाठ6: क्रीडाम वयं श्लोकान्...। व्याकरण- संख्यावाचक शब्द (71- 80), संज्ञा शब्द-(रवि), सर्वनाम शब्द-(किम् स्त्रीलिंग)।	संस्कृत सुभाषितों का शुद्ध पठन व गायन।	छात्र श्लोकों के सस्वर वाचन में पारंगत होंगे।	श्लोकों के सस्वर वाचन का अभ्यास करवाना।
NOVEMBER			
पाठ8: हितं मनोहारि च दुर्लभं वचः। व्याकरण- कक्षा से सम्बन्धित वस्तुओं के नाम।	सुभाषितों का अर्थ जानना।	छात्र सुभाषितों का दैनिक जीवन में महत्व जानेंगे।	सुभाषितों के शुद्ध उच्चारण का अभ्यास।
DECEMBER			
व्याकरण-क्रिया शब्द-(भू, चर्, नम् धातु लोट् लकार में), वचन परिवर्तन।	लोट् लकार (आज्ञा भाव) के प्रत्ययों का तीनों पुरुष में प्रयोग सीखना।	छात्र लघु वाक्यों में लोट् लकार का प्रयोग करना सीखेंगे।	शीट पर लोट् लकार के प्रत्ययों का सुंदर लेखन।
JANUARY			
पाठ10: दशमः कः? व्याकरण- सर्वनाम शब्द-अस्मद् (1-7 विभक्ति) ।	संस्कृत में गणना वाचक संख्याओं का ज्ञान होना।	छात्र गणनावचक संख्याओं का प्रयोग करना सीख पाएँगे।	तीनों लिंगों में संख्यावाचक शब्दों से संबंधित चार्ट बनाना।
FEBRUARY			
दोहराई और द्वितीय आवधिक/वार्षिक परीक्षा।			
विशेष टिप्पणी: वार्षिक परीक्षा में प्रथम अवधि का सम्पूर्ण पाठ्यक्रम भी पूछा जाएगा।			

SUBJECT : MATHS

APRIL			
Chapter	Activities	Value Inculcate	Learning Outcomes
Ch-8: Working with Fractions	Bird/scene using cutouts of fractional parts of a circle	1. Numerical fluency. 2. Logical Reasoning. 3. Problem solving analytical thinking.	Compare and order fractions with like and unlike denominators. Perform all basic operations on fractions. Apply fractional knowledge to solve real life problems.
MAY			
Ch-1: Large Numbers Around Us	Make a chart using train to show. Indian place value and international place values.	1. Estimation skills. 2. Number sense and place value understanding. 3. Analytical and reasoning skills. 4. Problem solve skill. 5. Critical thinking	Estimate the result of different operations. Relate large numbers to real life situations (population, distance)
JUNE			
Holidays Assignment Cum Project Work			
JULY			
Ch- 5: Parallel Lines and Intersecting Lines	- Madhubani or work art with geometrical lines. - Rangoli Design Challenge	1. Critical thinking skills. 2. Visual spatial skills. 3. Problem solving skills 4. Observation skills. 5. Creative and communication skills.	Identify and differentiate between parallel and intersecting lines, perpendicular lines and parallel lines. Identify the angles made by a transversal cuts the parallel lines. Apply the concept learned in creative Art based.
AUGUST			
Ch- 6: Number play	Magic square activity	1. Numeracy skill. 2. Estimation & reasoning. 3. Collaboration. 4. Problem solving. 5. Creativity and Visualization	Identify and classify the numbers. Solve number based puzzles. Concept of magic square

SEPTEMBER			
Revision + Exam of Term – I			
OCTOBER			
Ch-2: Arithmetic Expression	• Expression relay race (Group activity) • Expression Art poster showing 'BODMAS' steps.	1. Critical thinking 2. Logical thinking 3. Team work 4. Communication	Apply the BODMAS rules Develop mathematical language and reasoning. Use of concept with real life situations.
NOVEMBER			
Ch-4: Expressions Using Letter Numbers	• Using matchsticks for deduction of algebraic patterns.	1. Mathematical skills. 2. Creativity and visualization. 3. Critical thinking. 4. Collaboration 5. Communication skill	Differentiate between like and unlike terms. Form and simplify algebraic expressions. Addition and subtraction of algebraic expressions.
DECEMBER			
Ch-7: Tale of Three Intersecting Lines	• Angle sum property by paper folding or cutting pasting	1. Logical reasoning and analytical thinking. 2. Critical thinking. 3. Problem solving. 4. Spatial visualization.	Classify the triangles based on its sides and angles. Apply the angle sum property and exterior angle property of triangle in real life. Construction of triangle according to SSS, SAS, ASA and RHS.
JANUARY			
Ch-7: A Peek Beyond the Point	• Spin wheel	1. Logical thinking 2. Problem solving skill 3. Critical thinking	Convert decimals to fraction and vice versa. Perform addition and subtraction of decimals. Connect decimal usages with real life situations.
FEBRUARY			
Revision and Annual Examination			

SUBJECT : SCIENCE

Book : CURIOSITY: TEXTBOOK OF SCIENCE FOR CLASS VII

APRIL			
Topic	Activities	Skills	Learning Objective
Chemical Formulae	To make a chart of chemical formulae	Observation Analytical thinking Artistic	Knowledge about writing chemical formulae of chemical compound
Lesson 9: Life Process in Animals	Model of human digestive system	Creative Analytic Application Problem solving	Acquaintance about different part of human body involved in digestion of food and their functions
Lesson 2: Exploring substances Acidic, Basic and Natural	Test of acid and base with litmus paper and turmeric.	Disciplinary Coordination Observation Application	Awareness about different acids, bases, salt and indicators. Students will be able to deal with acidity.
MAY			
Lesson 1 The Ever Evolving World of Science	To make a collage of wonderful discoveries of Science	Creativity Thinking Analytical thinking	Students will become aware about role of Science in modern life
JUNE			
SUMMER VACATION			
JULY			
Lesson :3 Electricity – Circuit and their Components	To make an electric circuit by using electric cell, bulb, switch and wire	Observation Utilitarian Critical thinking Reasoning	Students will come to know about the different components of electric circuit and how to connect them to make a complete electric circuit.
Lesson : 4 The world of Metals and Nonmetals	Lab Activity: Burning of Magnesium Ribbon.	Demonstration Observation Analysis Critical thinking	Students will be able to categorize the materials into metals and nonmetals on the basis of chemical and physical properties.

AUGUST			
Lesson : 5 Changes around us : Physical and Chemical Change	Project Report on various useful and harmful chemical changes taking place in our surroundings.	Hands on experience Foster curiosity Encourages creativity	Understanding about different types of physical and chemical changes. The students will be able to understand reason of rusting of iron and it's preventive measures .
Lesson :7 Heat transfer in Nature	Colorful diagram of water cycle	Aesthetic Artistic Reasoning Thinking and creativity	Students will be able to differentiate between mode of heat transfer (conduction , convection and radiation)
SEPTEMBER			
REVISION AND MID TERM EXAM , SYLLABUS : FROM APRIL TO AUGUST			
OCTOBER			
Lesson :6 Adolescence : A stage of Growth and changes	Make a diet chart for adolescent and paste in science notebook	Critical thinking Collaboration Self Awareness Observation	Understand the physical, hormonal ,emotional changes taking place in their body
Lesson : 8 Measurement of time and Motion .	Collage of different types of motion	Fine motor skill Creativity Art of thinking Aesthetic Artistic	Understanding types of motion ,distance time graph .The students will be able to calculate time period of a simple pendulum
NOVEMBER			
Lesson 10: Life process in plants	To observe stomata in leaf with microscope .	Interactive learning Discovery and curiosity Collaboration Observation Analytical thinking	Students will learn how plants prepare food, respire and excrete.
Lesson :11 Light : Shadow and Reflection	To make a kaleidoscope	Artistic Thinking Observation Real life application	Get information regarding types of mirror and lens. The learner will understand reflection of light and image formation

DECEMBER			
Lesson : 12 Earth, Moon and the Sun	To make a model of solar eclipse	Environmental awareness Observation Aesthetic skill Creativity	Awareness about occurrence of Solar and lunar Eclipse.
JANUARY			
REVISION OF FULL SYLLABUS			
FEBRUARY			
Final Examination (Full Syllabus)			

SUBJECT : SOCIAL SCIENCE

Book : Exploring Society : India and Beyond Part 1 (NCERT)

APRIL - JUNE			
Chapter	Learning Objectives	Art Integrated Activities	Life Skills Generated
INDIA – An Introduction	Know about India, its states, capitals, and union Territories.	Map – On political map of India mark all states and their capitals. Draw pictures of layers of the earth. Map – On political map of India mark Union Territories	Problem solving Creativity
CH-1 Geographical Diversity of India	Understanding different physical features of India. Importance of different physical features of India.	Paste the pictures of physiographic divisions of India – mountains ,plains, Plateau, Coastal plains, Islands (Each one) Map- on Political map of India mark neighboring countries of India.	Awareness Analytical skill
JULY - SEPTEMBER			
Ch-4 New Beginnings – Cities and states	To learn about Janapadas and Mahajanapadas in ancient India. Study about varna jati system.	Make a list of Janapadas and Mahajahnapadas in ancient India.	Making connections Critical thinking
Ch-8 How the land becomes sacred	·Know about the sacred pilgrimages sites – mountains, forests and sacred groves.	Paste the pictures and write about the place you visited.(During summer vacations)	Awareness
Ch-9 From the Rulers to the Ruled.	Know about government and its functions. Analysis democratic government around the world and forms of government.	Make a list of different types of government of any five countries of the world.	Leadership qualities and decision making.
Ch-5 The Rise of Empire	Studying about the empire, trade and trade routes and rise of Magadha. Know about life of Ashoka.	Role Play	Problem Solving. Deal with failure.

Ch-10 The Constitution of India – An Introduction	Understanding constitution and need of constitution in India. Features of constitution	Quiz.	Practical knowledge of Rights and Duties.
Ch-11 From Barter to Money	Know about money and its functions.	Paste pictures of Indian currency notes and coins.	Creative thinking. Self management.
Revision of Term-I Syllabus			
OCTOBER - DECEMBER			
Ch -6 The age of Reorganization	Understand about dynasties – Shunga, Satavahanas, Chedis, Cheras, Pandyas and Khushanas.	Map- On a political Map of India mark following dynasties -Shunga, Satavahanas, Chedis, Cheras, Pandyas and Khushanas.	Critical thinking. Analytical skill.
Ch – 7 The Gupta Era – An Age of Tireless creativity	Studying about emergence of Gupta Empire, its glims and decline.	Role Play	Active listening skills. Making connections.
Ch -3 Climates of India	Understanding Weather, climate, types of climate in India, factor affecting climate and natural disasters.	Map – On political map of India mark following cities – Leh, Delhi, Chennai, Panji and Jaipur.	Practical knowledge. Awareness.
Ch-2 Understanding the weather.	Learn about weather and its instruments.	On A4 size sheet make a table showing maximum temperature, minimum temperature, atmospheric pressure, humidity and range of temperature of your city by collecting weather data for a week. Map-on a political map of India mark water bodies that surrounded Indian peninsula.	Self Directed engaged learning.
JANUARY - FEBRUARY			
Ch -12 Understanding Markets	Learn about market, types of market and role of Government in market.	Paste pictures of different types of markets.	Perspective thinking. Decision making.
Revision of Term-I and Term-II all Chapters			

Note: In Final Exams both Term- I and Term - II all chapters will be included

SUBJECT : GENERAL KNOWLEDGE

BOOKS : KNOWLEDGE TREE 7 (Geeta Publications)

TERM-I (April to September)

Chapters	Learning Objectives	Art Integrated Activity	Life Skill Generated
Chapters 1 to 35 (Unit 1 to 9) Revision Test – 1,2	Knowledge about the various scientific instruments.	Collage on different cash crops.	Reasoning and Questioning skill.
Model Test Paper – 1,2	Sense of understanding about the enriched vocabulary.	Quiz from chapters 1 to 35 and Model Test paper 1 and Revision Tests 1,2.	

TERM-II (October to March)

Chapters 36 to 67 (Unit 1 to 9) Revision Tests - 3,4	Knowledge about the Great Indian Scientists and their works.	Paste pictures on various Medicinal plants.	Critical thinking and questioning skills.
Model Test Paper – 2	Sense of awareness about the various types of book hive.	Quiz from chapters 36 to 67, Revision Tests 3,4 and Model Test Paper – 2.	

SUBJECT : ETHICS

Chapters	Learning Objectives	Art Integrated Activity	Life Skill Generated
Discipline Honesty is the best policy Good habits	Importance of discipline Benefits of being honest person Sense of understanding about various good habits	Write few lines of being disciplined in life and it's merits on A4 size sheet.	Value of disciplined routine Develop good attributes Personal hygiene

TERM-II (October to March)

Patriotism Value of time Students and social services	Knowledge of freedom fighters Importance of time Responsibility towards society	Paste pictures of Indian freedom fighters and write their names.	Value and feeling of nationalism Awareness about value of time Empathy
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SUBJECT : ENVIRONMENTAL EDUCATION (ORAL)

Term-I (April to September)

Topic 1 : Man & Environment

- (a) Adaptation in Plants and Animals
- (b) Modification of Environment

Topic 2 : Misuse of Natural Resources

- (a) Over Utilisation and Scarcity of Resources
- (b) Green House Effect

Term-II (October to March)

Topic 1 : Environmental Pollution – Cause and Effect

- (a) Impact of Soil, Water and Air Pollution on Life
- (b) Modern Life Style and Over Utilisation of Resources
- (c) Impact of Environmental Pollution on Human Health

Topic 2 : Natural Resources, Utilisation and Management

- (a) Utilisation of eco friendly techniques
- (b) Proper disposal of waste water
- (c) Global Warming

SUBJECT : COMPUTER

BOOK : CLICK CODE CONNECT (PEARSON)

April to August

April	Ch-1	Number System and Encoding Schemes
May	Ch-2	Charts in Excel 2016
July	Ch-3	Useful features of Excel 2016
August	Ch-4	Introduction to HTML 5

October to February

October	Ch-5	Introduction to CSS
November	Ch-6	Loops in Python
December	Ch-7	String in Python
January	Ch-9	Emerging trends

SUBJECT : ART

APRIL - JUNE

Topics	Value Indicated	Learning Outcomes	Craft Activities
Elements of Art / Object Study (Still Life)	Deals with the lightness or darkness of a colour which depends on basics of art Principle of Art.	Students will learn about focus on every curve, every shade and highlights every little part, finish their artworks.	Assignment Folder Decoupage
Nature Study / Bird Study	Nature holds variety not only in fragrance but in colours to explore.	Students will learn study, nature, love nature, stay close to nature.	Designer Table Mats with Coaster
Landscape	Landscape connects us to our History; they are the source of our Character as a People.	Students will be able to learn how landscape composition is the art of arranging the various elements within a scene to create a visually appealing image.	Creative Wall Hanging Painting with Paper craft and Mix Media technique

JULY - SEPTEMBER

Human Anatomy, Portrait Sketching	Students will learn the important part of basic blocks of anatomical structure.	Students will learn about the portrait, which is a painting, photograph, sculpture of a person in which the face and its expressions are predominant.	Photo Frame with Cardboard.
Life Sketching	Determines proportion, movement, mass and the nature of how light and shadow fall on the body.	Students will learn about how people walk, their poses, and different types of bodies in standing and sketching.	Mix Media Pot Painting

OCTOBER - DECEMBER

Poster Design	A large printed drawing, painting or notice that you stick or pin to a wall or board, usually to decorate something.	Students will Learn Posters and use imagination and experiment with elements like color, layout and design, fostering their artistic skills.	Best out of waste
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Topics	Value Indicated	Learning Outcomes	Craft Activities
Folk Art	Enhance knowledge of traditional artistic values.	Students will learn about traditional art, culture and beauty of them.	Warli Art On Cardboard
Cartoon Characters	Kindness and other valuable life lessons from these fine figures.	Students will learn about intelligence.	Flower Making Flowers
JANUARY-FEBRUARY			
Mosaic Art/Collage	A Mosaic Art is an artistic Technique that Uses tiny parts to Create a whole image or Object	Students will Learn about shape and how they fit Together.	Greeting Card Making.
Pattern Design / Rangoli Design	Pattern recognition is identifying and interpreting regularities.	Students will learn and explore properties of pattern and experiment with colour schemes.	Coasters with pattern design

SUBJECT : MUSIC

April:	Alankars Practice Practice of school prayers and Mantras Introduction of voice culture & Taal
May:	Labour Day song Mother's Day song
July:	Guruji's song Prayer: इक तुही भरोसा Guru Vandna
August:	Patriotic song Krishna Bhajan Rashtriya Swayam Sewak Sangh
September:	Practice of syllabus
October:	Ram Bhajan, Devotional song, Durga chalisa, Hanuman chalisa
November:	Raag Bilawal, शब्द: चरन कमल, Introduction of teentaal
December:	Exam
January:	Folk song Bollywood song, English Prayer, Patriotic song
February:	Sarswati Vandna, Practice of syllabus

SUBJECT : DANCE

April:-	Namaskar in Dance and Teentaal Theka (Ekgun and Dugun)
May:-	Mother's Day dance activities and Difference between Tandava and Lasya.
July:-	What is Hasta mudras in dance?and knowledge about guru vandana.
August:-	Differentiate between Kathak and Bharatnatyam
September:-	Patriotic dance in Any form
October:-	One kaviti and one stuti in kathak
November:-	Detail about Hasta mudras and Its types
December:-	Brief study of Folk dances of India (any five)
January:-	Knowledge of Folk dances of India
Prepare one group dance on Republic day in any folk dance form.	

SUBJECT : HEALTH AND PHYSICAL EDUCATION

Month	Topic	Learning Outcomes	Life Skills – Values
April	- General Exercises - Importance of Balance Diet and Nutrition - First aid	Develop Physical Skill and maintain students food habits	Learner will be able to learn importance of physical fitness and healthy food.
May	- Mass P.T. Drill exercises - Major Games : Football, Volley ball, Handball, Badminton, Table Tennis, Chess, Yoga, Kho-Kho, Kabaddi, Tug of War	Build healthy environment of all games	Learner will be able to learn skills of different games.
July	- Yog and Meditation - Traffic Rules	Improve a person's mental well being.	Increase Flexibility, strength. students will be more aware about road safety rules and regulations
August	- Recreational Games - Combative Games – Judo, Wrestling, Kurash	Increase energy level discipline, self motivation, strength	Students will be able to reduce self destruction .
October	Athletics : 100m, 200m, Relay Race, 100m Hurdle Race, Long Jump, Shot Put	Maintain good health, strength, endurance, flexibility	Help to perform at best and reduces the risk of injuries.
November	- General Exercises - Specific Exercises	Prevent health problems	Improve ability to do everyday activities.
December	- General discussion regarding Health and Hygiene, Discipline and Moral values - Recreational Games	Overall growth	Preventing the spread of infectious diseases.
January	Inter Class Sports Competition	Develop and use skills in a variety of areas	Help in achieving their high standards in sports performance.